



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YOUTH SCHEDULE

## SOUTHERN BRANCH YMCA (REVISED 10/1)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Youth Soccer Ages 4-6 5:30-6:15 pm Gym or Y Fields Starts 9/16 Ends 10/21 Member \$50 Non-Member \$95 6 week program	Kid Fit Ages 3-6 10:00-11:00 am Gym Starts in October Ends in May Free for Members *Every other Tuesday Exact dates class is offered can be found at Child Watch desk	Nerf Tag Ages 7-12 5:30-6:30 pm Gym Starts 9/18 Ends 10/23 Member \$50 Non-Member \$95 6 week program	Kiddie Combat Jujitsu Ages 6-9 6:00-6:30 pm Studio A	Kids Night Out Ages 5-12 6:00-9:30 pm Southern Branch Y Dates 10/18, 11/8, 12/6 Member \$10/night Non-Member \$20/night	Functional Fitness Ages 7-13 10:00-11:00 am Activity Center Free for Members
Youth Soccer Ages 4-6 5:30-6:15 pm Gym or Y Fields Starts 11/4 Ends 12/9 Member \$50 Non-Member \$95 6 week program	Homeschool Gym Ages 6-18 1:00-2:00 pm Gym Starts 10/1 Member \$25/month Non-Member \$30/month Monthly program	Nerf Tag Ages 7-12 5:30-6:30 pm Gym Starts 11/6 Ends 12/18 No class 11/27 Member \$50 Non-Member \$95 6 week program		Kiddie Combat Jujitsu Ages 6-9 6:00-6:30 pm Studio A	
Kiddie Combat Jujitsu Ages 6-9 5:30-6:00 pm Studio A	Intro to Lacrosse Ages 5-9 5:30-6:15 pm Gym or Y Fields Starts 9/17 Ends 10/22 Member \$50 Non-Member \$95 6 week program	Safe Kids Taekwondo 6:45-7:45 pm Gym			
Young Tigers Taekwondo Ages 4-6 6:15-7:00 pm Activity Center	Intro to Basketball Ages 5-7 5:30-6:15 pm Gym Starts 11/5 Ends 12/10 Member \$50 Non-Member \$95 6 week program	Functional Fitness Ages 7-13 6:30-7:30 pm Activity Center Free for Members			

### SOUTHERN BRANCH YMCA

100 Constitution Avenue, Shrewsbury, PA 17361

Phone 717-235-0446 ext. 406 Email [tbowman@yorkcoymca.org](mailto:tbowman@yorkcoymca.org)