



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# YOUTH SCHEDULE

## SOUTHERN BRANCH YMCA (REVISED 2/7)

### Nerf Tag

Nerf tag is an exciting game that attracts all ages and abilities. Players will work together on teams to capture the flag while playing with Nerf guns.

### Soccer

This six week program is designed to enhance the participant's skill in a team format. The kids will work on skill development through games and drills. Parents are strongly encouraged to help with their child during practices.

### Registration

Contact Youth/Teen Sports & Camp Director Travis Bowman for more information regarding youth programs  
[tbowman@yorkcoymca.org](mailto:tbowman@yorkcoymca.org)

	Monday	Tuesday	Wednesday	Thursday	Friday
	Youth Soccer Ages 4-6 5:30-6:15 pm Gym Starts 2/25 Ends 4/1 Member \$50 Non-Member \$95 6 week program	Intro to Basketball Ages 5-7 5:30-6:15 pm Gym Starts 1/8 Ends 2/19 Member \$50 Non-Member \$95 6 week program	Nerf Tag Ages 7-12 5:30-6:30 pm Gym Starts 2/27 Ends 4/3 Member \$50 Non-Member \$95 6 week program	Kid Fit Ages 3-5 10:00-11:00 am Gym Starts 9/13 Ends 5/23 Free for Members *Exact dates class is offered can be found at Child Watch Desk	Kids Night Out Ages 5-12 6:00-9:30 pm Southern Branch Y Dates 2/15, 3/15, 4/12 Member \$10 Non-Member \$20
	Intro to Lacrosse Ages 5-9 5:30-6:15 pm Gym or Y Fields Starts 4/15 Ends 5/20 Member \$50 Non-Member \$95 6 week program	Homeschool Gym Ages 6-18 1:00-2:00 pm Gym Starts 2/5 Ends 5/21 Member \$25/month Non-Member \$30/month Monthly program	Nerf Tag Ages 7-12 5:30-6:30 pm Gym Starts 4/17 Ends 5/22 Member \$50 Non-Member \$95 6 week program	Kiddie Combat Jujitsu Ages 6-9 6:00-6:30 pm Studio A	Family Fun Night 6:00-8:00 pm Southern Branch Y Dates 2/22, 3/29 Free for Members *Each night is themed. Themes can be found at front desk.
	Kiddie Combat Jujitsu Ages 6-9 6:00-6:30 pm Studio A	Nerf Tag Ages 7-12 5:30-6:30 pm Gym Starts 2/26 Ends 4/2 Member \$50 Non-Member \$95 6 week program	Safe Kids Taekwondo 6:30-7:45 pm Gym	Beginner Fencing 6:30-7:30 pm Intermediate Fencing 7:30-8:30 pm Gym	
	Young Tigers Taekwondo Ages 4-6 6:00-6:45 pm Activity Center	Youth Soccer Ages 4-6 5:30-6:15 pm Gym Starts 4/16 Ends 5/21 Member \$50 Non-Member \$95 6 week program	Functional Fitness Ages 7-13 6:30-7:30 pm Activity Center Free for Members		
					<b>Saturday</b>
					Functional Fitness Ages 7-13 10:00-11:00 am Activity Center Free for Members

### SOUTHERN BRANCH YMCA

100 Constitution Avenue, Shrewsbury, PA 17361

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