



## York Marathon & Half Marathon Sunday, May 19, 2019

### START/FINISH

The race begins at the York Branch YMCA, 90 N. Newberry St, York, PA 17401 and ends at Lafayette Plaza in the heart of the City of York. Race day check-in begins at 5:15 a.m. The marathon begins promptly at 6:00 a.m.; the half marathon at 6:15 a.m. The race route closes at 12:00 p.m.

### COURSE

The flat race course begins on city streets and transitions to the York County Heritage Rail Trail and ends at Lafayette Plaza. USTAF certified marathon course.

### AGE DIVISIONS

Male and Female  
(24 & under) (25-29)  
(30-34) (35-39)  
(40-44) (45-49)  
(50-54) (55-59)  
(60 -64 ) (65-69)

### AWARDS

Male and Female Age Division 1st, 2nd, and 3rd place finishers. All runners will receive a finisher medal. Runners registered by May 1, 2019 are guaranteed a moisture wicking short-sleeved race shirt.

### PACKET PICK UP

**Friday, May 17** (12:00 p.m. - 7 p.m.) and **Saturday, May 18** (10:00 a.m. - 4:00 p.m.) York Branch YMCA, Loucks Conference Room. Parking is available in the YMCA lot located off Clarke Avenue, adjacent to the YMCA building. Please enter the building through the back entrance from the parking lot.

# REGISTRATION FORM

Registration opens November 1, 2018 at [www.runsignup.com](http://www.runsignup.com) or fill out and mail in the form below. Online and mail in registration closes on May 12, 2019 and reopens at packet pick-up if spots are available .

Name: \_\_\_\_\_ Gender:  Male  Female

Age (On Race Day): \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Contact Phone: \_\_\_\_\_

List allergies to medications: \_\_\_\_\_

Shirt Size:  XSm  Sm  Med  Lg  XL  XXL

## Check Which Race you Wish to Enter:

\$60 Marathon  \$40 1/2 Marathon November 1 - December 31, 2018

\$70 Marathon  \$50 1/2 Marathon January 1 - February 28, 2019

\$80 Marathon  \$60 1/2 Marathon March 1 - March 31, 2019

\$90 Marathon  \$70 1/2 Marathon April 1 - April 30, 2019

\$100 Marathon  \$80 1/2 Marathon May 1 - May 12, 2019

**Race day registration is NOT available. Race cap is 600 participants.**

This event helps to fund YMCA evidence-based health intervention programs. You can help those with chronic health conditions improve their wellbeing. Please consider making a donation to one or more of our programs.

Cancer management: \$ \_\_\_\_\_ Childhood obesity: \$ \_\_\_\_\_

Diabetes prevention: \$ \_\_\_\_\_ Healthy heart and lungs: \$ \_\_\_\_\_

Parkinson's: \$ \_\_\_\_\_

I know that running the York Marathon AND Half Marathon is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running the event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, cold or slippery conditions of the race course, all such risks being known and appreciated by me. Having read this waiver, knowing these facts, and in consideration of your accepting my application, I, for myself and anyone entitled to act on my behalf, waive and release the race director, race officials and volunteers, any and all sponsors including, but not limited to YMCA of York and York County, the City of York, and York County, and all their representatives and successors from all claims or liabilities of any kind arising out of my participation in the event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian Signature: \_\_\_\_\_

(Required For Runners Under The Age 18)

Make check payable to the *YMCA of York County* and mail to:

YMCA of York County  
Attention: Race Director  
90 N. Newberry St.  
York, PA 17401  
717-843-7884  
[yorkcoymca.org](http://yorkcoymca.org)

Online Registration:

[www.runsignup.com](http://www.runsignup.com)