



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# YOUTH SCHEDULE

## SOUTHERN BRANCH YMCA (REVISED 10/2)

### Basketball

In this program participants will learn fundamentals of basketball (dribbling, passing, shooting, and defense). Participants will learn the sport of basketball through fun games and drills.

**Monday                      Tuesday                      Wednesday                      Thursday                      Friday**

Youth Soccer Ages 4-6 5:30-6:15 pm Y Fields or Gym Starts 9/10 Ends 10/15 Member \$50 Non-Member \$95 6 week program	Intro to Lacrosse Ages 5-9 5:30-6:15 pm Y Fields or Gym Starts 9/18 Ends 10/23 Member \$50 Non-Member \$95 6 week program	Toddler Time Ages 15 months - 2 ½ year olds 10:15-11:00 am Gym/Activity Center Starts 9/26 Ends 12/5 Member \$50 Non-Member \$95	Kid Fit Ages 3-5 10:00-11:00 am Gym Starts 9/13 Ends in May Free for Members *Exact dates class is offered can be found at Child Watch Desk	Kids Night Out Ages 5-12 6:00-9:30 pm Southern Branch Y Dates 11/2, 12/7 Member \$10 Non-Member \$20
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### Soccer

This six week program is designed to enhance the participant's skill in a team format. The kids will work on skill development through games and drills. Parents are strongly encouraged to help with their child during practices.

Youth Soccer Ages 4-6 5:30-6:15 pm Y Fields or Gym Starts 11/12 Ends 12/17 Member \$50 Non-Member \$95 6 week program	Intro to Basketball Ages 5-7 5:30-6:15 pm Gym Starts 11/13 Ends 12/18 Member \$50 Non-Member \$95 6 week program	Nerf Tag Ages 7-12 5:30-6:30 pm Gym Starts 9/5 Ends 10/24 Member \$65 Non-Member \$125 8 week program	Kiddie Combat Jujitsu Ages 6-9 6:00-6:30 pm Studio A
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### Birthday Party Options

Make your child's birthday the best ever! You bring the kids and we provide the fun! Our parties can be held on Saturdays between 12-4 pm and Sundays between 1-4 pm. Our packages include nerf tag, gaga, gym rental, and activity center rental. We also offer pool parties that can be booked through the aquatics department.

Kiddie Combat Jujitsu Ages 6-9 6:00-6:30 pm Studio A	Nerf Tag Ages 7-12 5:30-6:30 pm Gym Starts 11/7 Ends 12/19 Member \$50 Non-Member \$95 6 week program	Beginner Fencing 6:30-7:30 pm Intermediate Fencing 7:30-8:30 pm Gym
Young Tigers Taekwondo Ages 4-6 6:00-6:45 pm Activity Center	Safe Kids Taekwondo 6:30-7:45 pm Gym	

### Registration

Contact Youth/Teen Sports & Camp Director Travis Bowman for more information regarding youth programs  
[tbowman@yorkcoymca.org](mailto:tbowman@yorkcoymca.org)

#### SOUTHERN BRANCH YMCA

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