



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

SPRING YOUTH SCHEDULE

SOUTHERN BRANCH YMCA (REVISED 4/10)

YMCA Healthy Kids Day - Sat, April 21

Healthy Kids Day is the Y's national initiative to improve families' health and well-being. We partner with community and other organizations to offer a FREE community event for kids and families. This day features games, activities, health and safety education, arts and crafts and more.

Monday Tuesday Wednesday Thursday Friday

Youth Soccer
 Ages 4-6
 5:30-6:15 pm
 Y Fields or Gym
 Starts 4/16
 Ends 5/21
 Member \$50
 Non-Member \$95

Intro to Lacrosse
 Ages 5-7
 5:30-6:15 pm
 YMCA Fields or Gym
 Starts 4/17
 Ends 5/22
 Member \$50
 Non-Member \$95

Nerf Tag
 Ages 5-12
 5:30-6:30 pm
 Gym
 Starts 3/21
 Ends 5/16
 Member \$65
 Non-Member \$125
 8 week program

Kid Fit
 Ages 3-5
 10:00-11:00 am
 Gym
 Starts in Sept.
 Ends in May
 Free for Members

Kids Night Out
 Ages 5-12
 6:00-9:30 pm
 Southern Branch Y
 4/13
 Member \$10
 Non-Member \$20

Kiddie Combat Jujitsu
 Ages 6-9
 5:30-6:00 pm
 Activity Center

Nerf Tag
 Ages 5-12
 6:30-7:30 pm
 Gym
 Starts 3/27
 Ends 5/1
 Member \$50
 Non-Member \$95
 6 week program

Safe Kids Taekwondo
 6:30-7:45 pm
 Gym

Kiddie Combat Jujitsu
 Ages 6-9
 6:00-6:30 pm
 Studio A

Beginner Fencing
 6:30-7:30 pm
 Intermediate Fencing
 7:30-8:30 pm
 Gym

Registration

Youth Programs accept late registration and the fees will be prorated.

Contact Youth Director Travis Bowman for more information
tbowman@yorkcoymca.org

SOUTHERN BRANCH YMCA

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