



IS A POSSIBILITY

us



The Y. For a better us.

the Y
 YMCA OF YORK COUNTY
 SOUTHERN BRANCH
 100 Constitution Ave.
 P.O. Box 263
 Shrewsbury, PA 17361

We can't do it alone. >> DONATE FOR A BETTER US.

The Y is now...as it has always been...a place of possibility and promise for all. Unfortunately, in times when the true power of "us" is unknown to many and our bonds are fraying, we must do even more to enhance our human connections. That's why the Y passionately focuses on strengthening communities.

Every day, the Y supports kids, adults, seniors and families with programs that protect, teach, connect, heal, nourish and encourage. Everything we do helps empower communities and the "us" who live in them to thrive.

The Y. For a better us.

Association Campaign Total	\$262,000
York Branch	\$115,000
George Williams Branch	\$89,000
Southern Branch	\$35,000
Bob Hoffman Branch	\$12,000
Eastern Branch	\$11,000

Every dollar donated to the York County YMCA has a lasting impact on the people of York County. Give today for a better us.

GIVE TODAY



US... IS A PROMISE

Annual Campaign
SOUTHERN BRANCH

US... IS EMPOWERING

“On December 20, 2010 at 7:10 PM, at the age of 55, I had a nearly fatal stroke that paralyzed my entire right side, changing my life forever. I spent over a year and a half in various levels of physical and occupational therapies until the insurance ran out. Despite all this work I never regained enough function to return to the work force. Consequently, severe depression, self esteem issues and a generally dark period began in my life. Fast forward to July 2, 2014 when I found the Southern York County Branch of the Y in Shrewsbury, PA and I haven't looked back since. I immediately started coming to the Wellness Center several days a week. Some of my old drive returned and thanks to the encouragement and support I received from the entire staff and many fellow members, I worked very hard. Fast forward 3-1/2 years later, I regained strength and muscle tone but, more importantly, my entire life has turned around. Without the access to the YMCA through it's Membership for All Program, it's great facilities, friendly, caring staff and all the great friends I've made here, I doubt it would have happened.”

-David, Southern Y Member

The Y.™ For a better us.

To learn more about giving to the Y, contact:

SOUTHERN BRANCH YMCA

717-235-0446

www.yorkcoymca.org

When you donate to the SOUTHERN BRANCH YMCA, you make the communities of York County better and the “us” who live in them stronger.

Youth Development

All kids deserve the opportunity to discover who they are and what they can achieve, under the guidance of caring adults who believe in their potential. We see every interaction with young people as an opportunity for learning and development—all grounded in the Y's core values of caring, honesty, respect and responsibility.

Healthy Living

We help people and families build and maintain healthy habits for spirit, mind and body in their everyday lives. By helping kids, adults, families and seniors from all walks of life improve their health and well-being, we build a stronger community.

Social Responsibility

With our doors open to all, we bring together people from all backgrounds, to support those in need. We take on the most urgent needs in our community and inspire a spirit of service in return. Our members, volunteers, supporters and staff demonstrate the power of what we can achieve by giving back together.

Donate for a better us.

Every dollar donated to the SOUTHERN BRANCH has a lasting impact on the people of York County. Donate today for a better us.

\$100

Two Children's
Youth
Swim Lessons

\$250

Two Children's
Summer
Camp Fees

\$500

One Person's
Annual Fees for
Rock Steady Boxing

\$1000

Provide Four Families
with utility assistance
through S.C.S.