



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YOUTH SCHEDULE

## SOUTHERN BRANCH YMCA

### Nerf Tag

Nerf Tag is an exciting game that attracts all ages and abilities. Players will work together on teams to capture the flag while playing with Nerf guns.

### Preschool Sports Mix

Sports Mix is a six week program that will provide your child with exposure to basketball and soccer. Classes introduce fundamentals through a variety of fun games and activities that will keep your child moving. This class gives the child an introduction to the specific sport classes that we teach at the Y.

### Flag Football

Come join us for an hour of organized flag football scrimmages! Spring Youth Flag Football is designed to prepare children for our 2018 Fall NFL Flag Football season. It is a chance to have fun playing organized scrimmages and mini games.

### Registration

Youth Programs accept late registration and the fees will be prorated.

Contact Youth Director Travis Bowman for more information  
[tbowman@yorkcoymca.org](mailto:tbowman@yorkcoymca.org)

	Monday	Tuesday	Wednesday	Thursday	Friday
	Youth Soccer Winter Session Ages 4-6 5:30-6:15 pm Gym Starts 1/8 Ends 2/19 Member \$50 Non-Member \$95	Rookie Basketball Ages 4-6 5:30-6:15 pm Gym Starts 1/9 Ends 2/27 Member \$65 Non-Member \$125	Toddler Time Age: 15 mth – 3 yo 11:00am -12:00 pm Gym Starts 2/7 Ends 3/28 Members \$50 Non-Member \$95	Spring Flag Football Ages 7-12 5:30-6:30pm Gym Starts 4/5 Ends 5/24 Member \$65 Non-Member \$125 Daily Drop in fee \$10	Kids Night Out Ages 5-12 6:00-9:30 pm Southern Branch Y 2/9, 3/9, 4/13 Member \$10 Non-Member \$20
	Youth Soccer Spring Session 1 Ages 4-6 5:30-6:15 pm Y Fields or Gym Starts 3/5 Ends 4/9 Member \$50 Non-Member \$95	Youth Basketball Ages 7-9 6:30-7:30 pm Gym Starts 1/9 Ends 2/27 Member \$65 Non-Member \$125	Preschool Sports Mix Ages 3-5 1:00-1:45 pm Gym Starts 2/21 Ends 3/28 Member \$50 Non-Member \$95	Kid Fit Ages 3-5 10:00-11:00 am Gym Starts in Sept. Ends in May Free for Members	
	Youth Soccer Spring Session 2 Ages 4-6 5:30-6:15 pm Y Fields or Gym Starts 4/16 Ends 5/21 Member \$50 Non-Member \$95	Rookie Basketball Ages 4-6 5:30-6:15 pm Gym Starts 3/6 Ends 4/10 Member \$50 Non-Member \$95	Nerf Tag Session 2 Ages 5-12 5:30-6:30 pm Gym Starts 1/10 Ends 3/7 Member \$65 Non-Member \$125	Beginner Fencing 6:30-7:30 pm Intermediate Fencing 7:30-8:30 pm Gym	
	Kiddie Combat Jujitsu Ages 6-9 5:30-6:30 pm Activity Center	Intro to Lacrosse Ages 5-7 5:30-6:15 pm YMCA Fields or Gym Starts 4/17 Ends 5/22 Member \$50 Non-Member \$95	Nerf Tag Session 3 Ages 5-12 5:30-6:30 pm Gym Starts 3/21 Ends 5/9 Member \$65 Non-Member \$125	Junior Kickers Jujitsu 5:30-6:30 pm Activity Center	
				Safe Kids Taekwondo 6:30-7:45 pm Gym	

### SOUTHERN BRANCH YMCA

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