



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Membership Appreciation Week

BOB HOFFMAN BRANCH YMCA

FREE CHAIR MASSAGES

Monday, February 12 9:15AM -11:30AM

Relax and enjoy a **FREE** chair massage.

SAM'S CLUB TABLE

Tuesday, February 13 8:00 AM-11:30AM

See what Sam's Club has to offer.

HAPPY VALENTINE'S DAY

Wednesday, February 14 5:30AM-10:00PM

Enter to win a **FREE** 1 month of membership.

FREE HAND PARAFFIN TREATMENTS / HAIR MASSAGES

Thursday, February 15 9:00-11:00AM / 5:15-7:30PM

Soothe your hands with a paraffin dip and relax with a chair massage.

FREE HAND PARAFFIN & FOOT SCRUB TREATMENT

Friday, February 16

BOB HOFFMAN YMCA

1705 Palomino Road

Dover, PA 17315

Door Prizes
&
Light
Refreshments



YOUTH DEVELOPMENT



HEALTHY LIFESTYLE



SOCIAL RESPONSIBILITY

Bring a friend with you to work-out
or take a fitness class. If your
friend becomes a member, you will
receive a free month! (friend must