



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUTH SCHEDULE

SOUTHERN BRANCH YMCA

Nerf Tag

Nerf Tag is an exciting game that attracts all ages and abilities. Players will work together on teams to capture the flag while playing with Nerf guns.

Preschool Sports Mix

Sports Mix is a six week program that will provide your child with exposure to basketball and soccer. Classes introduce fundamentals through a variety of fun games and activities that will keep your child moving. This class gives the child an introduction to the specific sport classes that we teach at the Y.

Basketball

In Rookie and Youth Basketball participants will learn and expand on the fundamentals of basketball (dribbling, passing, shooting, and defense). Participants will learn the sport of basketball through fun games, drills, and scrimmages.

Registration

Youth Programs accept late registration and the fees will be prorated.

Contact Youth Director Travis Bowman for more information
tbowman@yorkcoymca.org

	Monday	Tuesday	Wednesday	Thursday	Friday
	Youth Soccer Ages 4-6 5:30-6:15 pm Gym Starts 1/8 Ends 2/12 Member \$50 Non-Member \$95	Rookie Basketball Ages 4-6 5:30-6:15 pm Gym Starts 1/9 Ends 2/27 Member \$65 Non-Member \$125	Toddler Time Age: 15 mth – 3 yo 10:15-11:00 am Gym Starts 2/7 Ends 3/28 Members \$50 Non-Member \$95	Kid Fit Ages 3-5 10:00-11:00 am Gym Starts in Sept. Ends in May Free for Members	Kids Night Out Ages 5-12 6:00-9:30 pm Southern Branch Y 1/19, 2/9, 3/9, 4/13 Member \$10 Non-Member \$20
	Kiddie Combat Jujitsu Ages 6-9 5:30-6:30 pm Activity Center	Youth Basketball Ages 7-9 6:30-7:30 pm Gym Starts 1/9 Ends 2/27 Member \$65 Non-Member \$125	Preschool Sports Mix Ages 3-5 1:00-1:45 pm Gym Starts 2/21 Ends 3/28 Member \$50 Non-Member \$95	Beginner Fencing 6:30-7:30 pm Intermediate Fencing 7:30-8:30 pm Gym	
			Nerf Tag Session 2 Ages 5-12 5:30-6:30 pm Gym Starts 1/10 Ends 3/7 Member \$65 Non-Member \$125		
			Nerf Tag Session 3 Ages 5-12 5:30-6:30 pm Gym Starts 3/21 Ends 5/9 Member \$65 Non-Member \$125		
			Junior Kickers Jujitsu 5:30-6:30 pm Activity Center		
			Safe Kids Taekwondo 6:30-7:45 pm Gym		

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