



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# RELAX REJUVENATE RECOVER

## Therapeutic Massage

New prices beginning January 1, 2018

Save \$5 per massage when pre-purchasing your massage on First Friday. First Friday massages must be used prior to the next First Friday.



BOB HOFFMAN DOVER BRANCH YMCA · 717-292-5622  
SOUTHERN BRANCH YMCA · 717-235-0446  
YORK BRANCH YMCA · 717-843-7884  
[WWW.YORKCOYMCA.ORG](http://WWW.YORKCOYMCA.ORG)

### Regular Massage:

York Branch PFC member:

- 60 minute- \$45
- 30 minute- \$37

YMCA Association Member:

- 60 minute- \$53
- 30 minute- \$43

YMCA Guest:

- 60 minute- \$70
- 30 minute- \$57

### Hot Stone Massage:

York Branch PFC member:

- 60 minute- \$52

YMCA Association Member:

- 60 minute- \$61

YMCA Guest:

- 60 minute- \$81

### Reflexology:

York Branch PFC member:

- 30 minute- \$37

YMCA Association Member:

- 30 minute- \$43

YMCA Guest:

- 30 minute- \$57